TYNDALE
CHRISTIAN SCHOOL
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SALISBURY EAST

SPORTS AT TYNDALE

PARENT HANDBOOK

INTENTIONALLY **CHRISTIAN** | INTENTIONALLY **INCLUSIVE** | INTENTIONALLY **EXCELLENT**

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OVERVIEW OF SPORTS AT TYNDALE

Representative Sports

These competitions involve a number of different schools competing against each other in a variety of sports. Teams are selected based on ability, sportsmanship and participation.

- SACSA (South Australian Christian Schools Association)
- SAPSASA (South Australia Primary Schools Amateur Sports Association)

High Performance Athlete Programme

This programme is for our high performing athletes with ambitions to elevate their performance on the field, explore opportunities in health and sports industries, or aim for a college scholarship in the US. Our High-Performance Athlete Programme is designed to support sporting aspirations, blending elite sports training with academic pathways. Students in Years 9, 10, 11, and 12 are invited to express their interest in our elite programme, which is available at no additional cost to the current school fees for those who are selected.

Successful applicants in this programme will:

- Be part of a supportive network of top athletes.
- Have access to a group of experts in human performance, coaching, and health.
- Receive personalized training plans tailored by our experienced Exercise Physiologist.
- Enjoy the privilege of training in our state-of-the-art Human Performance Centre, equipped with the latest in high-performance training technology.
- Benefit from specialized injury rehabilitation support and guidance from our Exercise Physiologist.
- Gain insights and advice on a multitude of post-school pathways.
- Participate in dedicated training sessions under the expert supervision of our Exercise Physiologist.

SPORTS PHILOSOPHY

Sports at Tyndale is based on the following premises.

- Sport and Physical Education play an integral role in educating the whole child (social, spiritual, intellectual, emotional and physical).
- Sport offers opportunities to display and develop character.
- Each student is a unique creation of God with unique abilities, which can be developed through sport (Psalm 139: 13-18).
- Sport promotes the notion of school spirit and identity.

CODES OF CONDUCT

3.1 Expectations of Players

- Show respect for sporting authorities, including umpires and officials from both teams. Accept their decisions, cooperate with their instructions. If you really disagree ask one of your team authorities (such as captain, coach) to approach the official and then only during a break in the game. (1 Peter 2:13 – "Be submissive to every human institution and authority for the sake of the Lord.").
- Always play by the rules. (2 Thes 2:13 – "Do not become weary or lose heart in doing right.").
- Be a good example of self-control. Control your temper and language. Abusing others or yourself is unacceptable in any sport. (Proverbs 15:1 – "A soft answer turns away wrath but harsh words cause quarrels.").
- Give your best effort - for your school, coach, team-mates and yourself. (1 Corinthians 10:31 – "….whatever you may do, do all for the honour and glory of God.").
- Be a good sport by welcoming visiting teams, exchanging pre-match courtesies and by thanking them, shaking hands after the game. Be a good winner and a good loser. Treat all players as you would like to be treated. Don't interfere with, or take unfair advantage of another player.

- Have fun. All teams experience winning and losing. Learn to enjoy many different things in sport, not just the score.

- Make a commitment - stick to it. If you're selected on a team then it is important to be available for every game and practice for the whole season. Show responsibility by being changed, punctual and notifying your coach in advance of any absences. There are serious consequences for both you and the team if you do not honour your commitment.

3.2 Expectations of Coaches

- Be generous with praise, but discreet, constructive and very selective with criticism. (Colossians 3: 21 – "Fathers, do not embitter your children, or they will become discouraged").

- Teach your players to always play by the rules. (Thessalonians 2:13 – "Do not become weary or lose heart in doing right.").

- Ensure that equipment and facilities meet safety standards (WHS guidelines) and are appropriate to the age and ability of your players.

- Discuss your selection criteria with the Director of Sport. Make this clear for all your players and their parents (Representative sports only).

- Be an example of respect for opponents, officials and other coaches. Use appropriate language at all times. (James 3 : 2 – "If anyone can control his tongue, it proves that he has perfect control over himself in every other way.").

- Be decisive, prompt and consistent in dealing with inappropriate behaviour from your players. (Proverbs 19 :18 –"Discipline your son in his early years while there is hope. If you don't you will ruin his life.").

- Where spectators' (including parents) behaviour is inappropriate first warn, then ask them to remove themselves from the spectator area. Make a written report to the Director of Sport for any such incidents.

- Keep your own knowledge of coaching and the developments of the game up to date.

- At training give plenty of opportunity for each players development. Make training varied and enjoyable for your players.

- Help parents to understand the many benefits of sport such as improved health and fitness, friendship, skill development and the development of values such as self-discipline, initiative and perseverance.

3.3 Expectations of Parents / Spectators

- Encourage your children to participate in sport. Give your guidance in their choice of sport without forcing them to play.

- Have a 'do your best', rather than a 'win at all costs' attitude to your child's involvement. (I Corinthians 10:31 "...Whatever you may do, do all for the honour and glory of God.").

- Encourage children to always play by the rules. (Thessalonians 2:13 – "Do not become weary or lose heart in doing right.").

- Never abuse or ridicule a player for making mistakes. (Colossians 3: 21 – "Fathers, do not embitter your children, or they will become discouraged").

- Be a good example of a spectator at your child's games by applauding good play from both teams. Accept the decisions of umpires and other officials. Never criticise coaches, officials or any players. Avoid being overzealous to the point of embarrassing children. They value your encouragement but don't want attention focused on their every move. (Ephesians 6:4 – "...Parents...don't keep scolding and nagging your children, making them angry and resentful").

- Allow the coaches room to do their job. Don't crowd around the team if players or the coach are distracted by your presence. Encourage your child to be attentive and cooperative to their coach. Wait until the coach has dismissed the players before interacting.

- Recognise the value and importance of coaches and other volunteers. Encourage them, thank them, and offer your support. Discuss your child's involvement with them.

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REPRESENTATIVE SPORTS

Representative Sports refers to competitive sports that the school nominates for each year. These include: SAPSASA, SACSA and other Sports Specific Organisations.

Representative sports offered at Tyndale:

Netball – Girls/Boys	(Yr 3 – 10)	Athletics – Girls/Boys	(Yr 2 – 12)
Soccer – Girls/Boys	(Yr 3 – 10)	Basketball – Girls/Boys	(Yr 3 – 10)
Table Tennis – Girls/Boys	(Yr 5 – 10)	Touch Football – Girls/Boys	(Yr 5 - 10)
Cross Country – Girls/Boys	(Yr 2 – 12)	Football (AFL) - Girls/Boys	(Yr 3 – 10)
Volleyball – Girls/Boys	(Yr 7 – 10)	Swimming – Girls/Boys	(Yr 4 – 12)

SACSA Rijken Cup

Students in Years 11 and 12 have the opportunity to tryout for netball, basketball, volleyball, soccer, touch football and table tennis. If successful, they become part of the Rijken Cup team for the year which is a full week of sports for our Year 11 and 12 students.

* This program is subject to small changes on a year-to-year basis.

4.1 Pathways into Representative Teams

Tryouts are held for all representative teams. These tryouts are held either during school time or before or after school. From these tryouts a team is selected based on ability, sportsmanship and participation.

4.2 Representative Sports Policies

- Students selected for representative teams are expected to attend all trainings scheduled for that event. If students are unable to attend a training session, the coach or the Sports Department Office should be contacted before-hand. Un-notified or continued absences will result in removal from the team.

- When selecting representative teams, coaches will always follow the Tyndale Sports Selection policy.

- Students who are unable to attend tryouts need to contact the coach or the Sports Department Office. Failure to do so may result in the student missing the chance to be selected in the team.

- In the interest of fairness, **NO** student should be selected for a team without first having tried out for that event, no matter their ability or previous performance.

- Once a student has been selected for a team, they are expected to follow through with their commitment. Students who pull out of an event for any reason other than illness, injury or extenuating circumstances may face disciplinary action.

- Students are not permitted to attend any event without first returning a consent form. Only official Tyndale Christian School Sports Consent forms will be accepted. Diary notes and verbal consent are not permitted. Records of consent forms will be kept in the Sports Department Office.

- Consent forms must be returned by the due date listed on the form. If they are not returned by this time, the student will not be permitted to attend the event.

- Representative team coaches will play the best team possible, particularly in finals. This may result in some students not playing in all matches or having limited court/field time.

- Teams for SSSSA Knockout events will only be entered if the Director of Sport deems that we have a competitive team for that year.

- At any time a student can be removed from a representative team for poor behaviour, attitude or poor attendance at trainings. Any such suggestion should be reported to the Director of Sport for deliberation.

- Students must wear the sports uniform in line with our School Sports Uniform policy. There should be no variations on this unless required for medical reasons (note from parent or medical practitioner is required). If extra warmth is required the school windcheater or sports jacket should be worn. School hats should be worn at all times in line with the School Hat policy -unless the student is playing or warming up. No jewellery is to be worn as most sports will have a no jewellery policy. Whether it be the school sports uniform, or a team uniform it needs to be worn neatly and correctly.

- Any students / athletes who arrive at school in the incorrect uniform should be asked to make the necessary adjustments. If they fail or refuse to do so they will not be permitted to participate in the sporting event and will be sent to the relevant sub-school office so their parent/s can be called and notified of their exclusion.

- Students must return all uniforms supplied to them by the school at the conclusion of the event. If the item is not returned within one week after the event, the cost of missing uniforms will be charged to the students' school fee account.

- When two or more teams have been nominated for an event in the same age group, teams will be divided by ability, at the coaches' discretion. The most competitive team will be known as Tyndale Gold, followed by Tyndale Silver and Tyndale Bronze.

- In relation to representative sports, a second team per age group will only be entered at the discretion of the Director of Sport, and if the competition allows.

4.3 Representative Sports Selection Criteria (includes District Netball)

Behaviour / Coachability
If students have poor listening skills, this makes it very difficult to coach both them and the team. For this reason listening skills are very important in the overall selection process.

The coaches have a duty of care for students and as a result will not select students who have a history of poor behaviour (in an outdoor / PE / sporting setting) as it may result in injury or other serious issues.

Skills
Skills will be judged by the coaches who are qualified to make these types of judgements.

Fitness
The fitness component of the selection process is initially judged during try-outs, followed by PE lessons including 800m times and the 20m shuttle run / beep test.

4.3 Representative Sports Selection Criteria

Team Work
The student's ability to work as a member of a team is very important. Encouraging others, team play, selflessness and helpfulness are all valuable elements when working as a team. Teamwork will be judged by the PE teachers/coaches who are qualified to make these types of judgements.

4.4 Trainings for Representative Teams

- Trainings will be scheduled to be either during school time (eg. during lesson or lunchtime) or before/after school. These trainings are compulsory if selected in the team.

- In regard to tryouts, it is absolutely compulsory that a student tryout to be eligible for selection on a team. Generally there will be two tryouts held and students are required to attend at least one of these.

- In regard to trainings, it is expected that students who are selected in teams attend a minimum of 3 of the 5 set trainings (or 50% if there is less than 5 scheduled trainings). If they do not meet this criteria, they will be removed from the team.

- NO EXCUSES are permitted for missing more than 3 trainings or 50% – either notified or un-notified.

- If the temperature is 35 degrees or above, all outdoor trainings will be cancelled. Indoor trainings (where air conditioning is available) will continue until the temperature reaches 38 degrees at which time the training will be cancelled.

- The reason for this is we have a responsibility to training students for an event to prepare them mentally and physically. If a student misses a large number of trainings, we are unable to meet this responsibility.

4.5 Uniforms for Representative Teams

- Tyndale provides all students selected with a uniform for that particular event. Students are expected to arrive at school on the day of the event in full school Sports/PE uniform.

- Tyndale provides transport to and from sporting events that are scheduled on the school sports calendar.

4.6 Transport for Representative Teams

- No student is permitted to travel with another student driver. When the school arranges transport to and from an event, all students are expected to travel with the team, unless parents notify the school that they will be transporting their own child.

- Generally, the area of departure will always be the Middle School Kiss & Ride zone.

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HIGH-PERFORMANCE ATHLETE PROGRAMME

Are you a high performing athlete looking to develop your performance on the field while building a pathway to study in the health and sporting industry or even a college scholarship to the US?

Our High-Performance Athlete Programme provides study and career opportunities whilst providing high level sporting opportunities. The High-Performance Athlete Programme will offer selected students in Years 10 to 12 a fully developed programme of:

- Advanced Athlete training – twice a week focusing on high level coaching clinics
- Specialised Facility - Human Performance Centre
- A wide range of sports science SACE subjects: PE, Active Learning, Scientific Studies - Human Performance, Nutrition, Biology
- On-site Certificate III in Fitness
- On-site US College Scholarship Manager
- Representative Sporting Opportunities
- High Performance Athlete Uniform

At Tyndale Christian School we have a history of US Scholarship recipients. This programme will grow them into the future.

Mr Howard will work with Physical Education staff in Year 9 to identify suitable candidates and assist with their applications for the High-Performance Athlete Programme We also welcome applicants from Year 10, 11 and 12 students.

If you are interested in this prestigious programme, applications to the selection panel will open late Term 3 for limited places.

Students will be interviewed by a panel comprised of Director of Sports, Pathways Centre Leader and Senior School teaching staff.

At the interview students will need to present evidence of:

- district or state level representation;
- research into their future pathway;
- grades that show their serious intention to prepare for tertiary and career readiness (C grades minimum);
- research into their future pathway; and
- embodiment of RISE principles.

To find out more about our High-Performance Athlete Programme please contact the Sports Department Office on 8282 5186 or via email sports@tyndale.sa.edu.au

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SPORTS AWARDS

Tyndale Christian School strongly believes in rewarding excellence in sport.

- During the year, students receive votes for every event they have participated in. At the end of the year, these points are collated and the highest achieving boy and girl in Years 3/4, 5/6, 7/8, 9/10 and 11/12 are presented with either the Sports Boy or Sports Girl of the Year Award. In each of these categories, a Runner-Up Award is also presented.

- All students who represent the school in a required number of events/sports (representative) are presented with a Sports Award badge. This does not include students who are selected in training squads, as reserves or scorers, or students who are injured prior to the event and are unable to participate on the day. Students who are presented these badges are encouraged to wear proudly as part of their uniform.

- All awards are presented at the end of the year to students in the sub-school Merit Assemblies.

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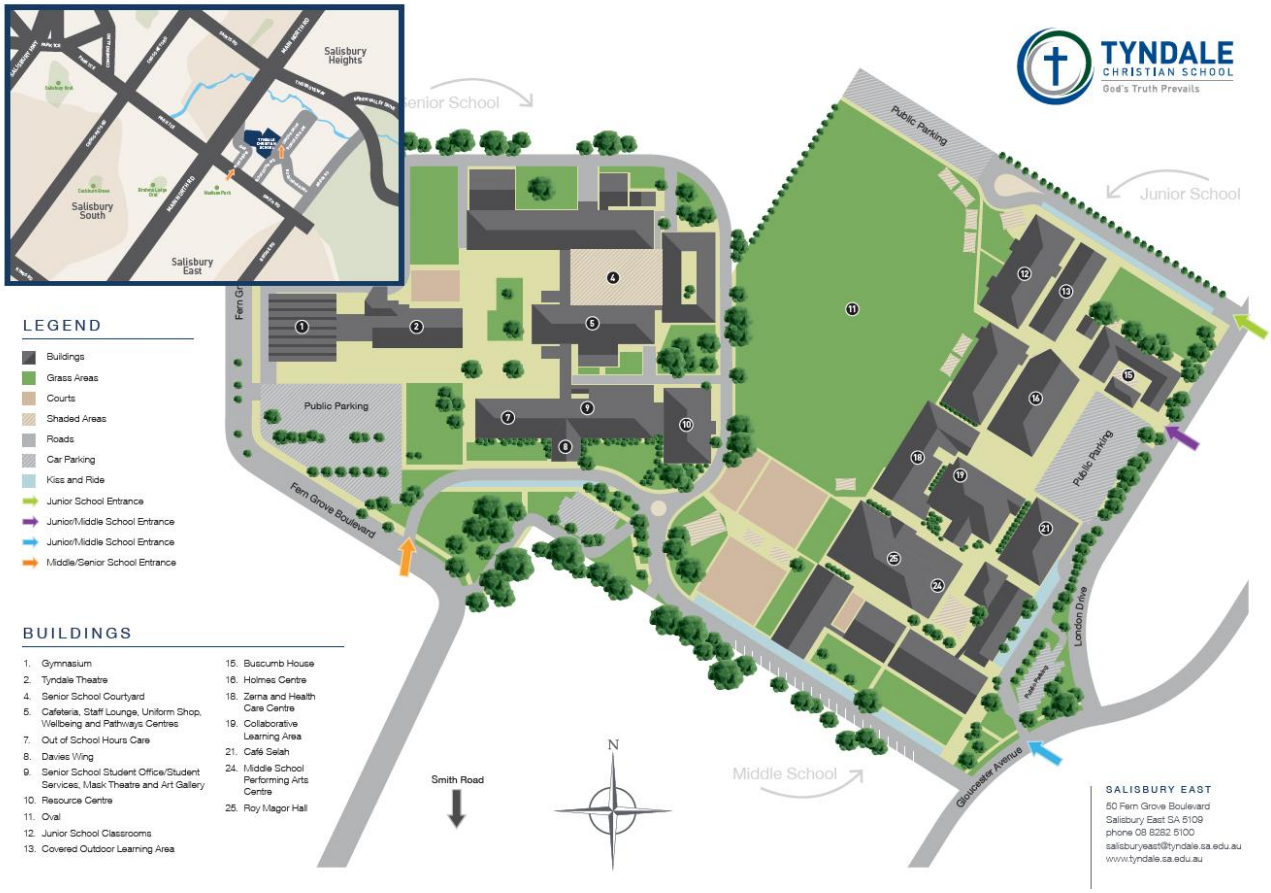
SPORTING FACILITIES



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SPORTS/PE FACULTY

- **Director of Sport: Mr Matthew Howard**
- **Sports Administrator: Mrs Kerryn Williams**
- **Sports Assistant: Mrs Danielle Hall**
- **High-Performance Athlete Programme Coordinator: Miss Erin Hite / Miss Aly Montgomery**
- **Junior School and Middle School Coaches (PE Teachers): Mr Paul Kluge, Mrs Bronwyn Harvey, Mr Danny Morton, Mr Matthew Jones and Mrs Kylie Flynn**
- **Specialist Sports Coaches: Mr Dale Woodhart and Miss Erin Hite**
- **Sports Officer: Mrs Nicola Vega**

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COMMUNICATION

Communication about sporting events occurs on many different levels at Tyndale. These include but are not limited to phone calls, email, the school website, Facebook, bulletin boards, notices and Team App.

Communication about Representative sports (up-coming tryout and trainings) is done through Stack Team App. Team lists are posted on the Sport Department Office notice board. Consent forms and other notifications are done through the Sports Department Office.

The Tyndale Sports Department will endeavour to keep both students and parents as up-to-date as possible in regards to sporting events. However, as Tyndale is a member of several different Sporting organisations, each with its own level of efficiency in regards to communication. Information coming from these sporting bodies can vary.

CONFLICTS AND CONCERNS

Representative Sports – Any parental concerns should first be respectfully raised with the person concerned. If unresolved the Director of Sport will need to be contacted.

CONTACT INFORMATION

Tyndale Sports Department Office
Tyndale Christian School
50 Fern Grove Boulevard
Salisbury East SA 5109

Phone (08) 8282 5186
Email sports@tyndale.sa.edu.au
Web www.tyndale.sa.edu.au

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